



Webinar

Yoga in Health & Disease

7th May 2022
10 am - 1 pm

Organized by:
Yoga & Meditation Club
AIIMS Jodhpur

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Dr. Purnandu Sharma, Yoga Instructor, AIIMS Jodhpur

Speakers



Dr Raghendra Rao M
Director CCRYN
Delhi



Prof. Akshay Anand
Department of Neurology
PGIMER, Chandigarh



Prof. Rima Dada
Department of Anatomy
AIIMS New Delhi



Dr. Amit Singh
Division of Yoga & Life Sciences
S-VYASA University, Bengaluru



Dr. Hemant Bhargav
Department of Integrative Medicine
NIMHANS, Bengaluru

Programme

Inaugural Ceremony

10 am – 10:30 am

S.No.	Speaker	Topic	Time
1.	Dr. Rima Dada Department of Anatomy, AIIMS New Delhi	Yoga for Health Promotion & Disease Prevention	10.30 am – 11 am
2.	Dr. Raghvendra Rao M Director, Central Council for Research in Yoga & Naturopathy, Delhi	Evidence of Yoga in Cancer	11 am – 11.30 am
3.	Dr. Akshay Anand Neuroscience Research Lab, Department of Neurology, PGIMER, Chandigarh	Yoga & Neurosciences: Advancement in Research	11.30 am – 12 pm
4	Dr. Amit Singh Division of Yoga & Life Sciences S-VYASA University, Bengaluru	Evidence of Yoga in Metabolic Disorders	12 pm – 12.30 pm
5	Dr. Hemant Bhargav Department of Integrative Medicine NIMHANS, Bengaluru	Biological Effects of Yoga in Psychiatric Disorders	12.30 pm – 1 pm

Join by Zoom link:

<https://us02web.zoom.us/j/2165585309?pwd=Y3Z3dlhGNktpU1dmUzFzNDdKeFRGdz09>

Meeting ID: 216 558 5309

Passcode: 223860